



Stop It Now! Wales and Parents Protect!

Families First Conwy County Borough Project

Helping you protect children from sexual abuse

Stop It Now! Wales is child sexual abuse prevention programme delivered by the Lucy Faithfull Foundation. We work to protect children and young people from sexual abuse by working with parents and carers and multi-agency professionals as well as members of the public through awareness raising and education. We also offer a confidential helpline to all adults who have a concern about child sexual abuse on 0808 1000 900. We have received a grant from Families First in Conwy area and are able to offer the following sessions across **Conwy from 1 April 2020** for parents, carers and those working with children with additional needs. We offer a range of sessions to meet the needs of parents and carers to support families with children with additional needs.

We are looking for Groups to host FREE sessions:

Parents Protect!

Informal 2 hour sessions to raise awareness and information for adults on the facts around child sexual abuse and our responsibility to prevent it, with information tailored to the needs of children with additional needs.

Session Content includes:

- Understanding abuser behaviour
- How and why people sexual abuse children
- Understanding the greater vulnerability of children with additional needs
- The barrier to identifying harmful behaviour and how to overcome them
- Positive actions adults can take to prevent child sexual abuse

Professionals Protect!

Informal 2 hour sessions to raise awareness and information for professionals on the facts around child sexual abuse and our responsibility to prevent it, with information tailored to the needs of children with additional needs.

Session Content includes:

- Understanding abuser behaviour
- How and why people sexual abuse children
- Understanding the greater vulnerability of children with additional needs
- The barrier to identifying harmful behaviour and how to overcome them
- Positive actions adults can take to prevent child sexual abuse within a professional capacity working with children and young people or families

Internet Safety!

Informal 2 hour sessions to educate and build confidence in participants on issues around internet safety and protecting children and young people from abuse online, with information tailored to the needs of children with additional needs.

Session Content includes:

- Discussion about the positive and negative uses of the internet
- How people use the internet to abuse children
- Issues around online grooming, sexting, cyberbullying and viewing illegal images of children
- Positive preventative actions to take to protect children from online abuse.

Sexual Development in Pre- and Post-Pubescent Children

Informal 2 hour sessions to educate and build confidence in participants in understanding healthy developmental expected behaviours and behaviour that is not appropriate and can cause harm or increase a child's vulnerability

Session Content includes:

- Discussions around what are healthy, age expected behaviours for children under 5, and between 5-11 years
- Consider how to respond to worrying sexual behaviours
- Exploring issues around consent and harmful sexual behaviours for post-pubescent children
- Positive preventative actions to take to protect children from harmful sexual behaviours

Preventing Child Sexual Exploitation

Informal 2 hour sessions to increase knowledge and understanding of how child sexual exploitation can happen, what the risk to children and young people are and what action can be taken. Crucially, we give parents and carers the confidence to seek help and take action if they need to.

Session Content includes:

- The facts about sexual abuse and exploitation and how it can happen
- How abusers groom their victims
- Why victims may not talk about what is happening
- Spotting signs in a child's behaviour
- Positive preventative actions to take to protect children and young people from exploitation
- Acting on concerns, giving sources of information, support or advice

To book any session or for more information:

Please contact me on the mobile number or email address below:

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www.parentsprotect.co.uk

www.stopitnow.org.uk

www.lucyfaithfull.org.uk



Other Stop It Now! Wales Activities:

Attendance at conferences organised by strategic partners, provision of information stands at community or professionals events and offer leaflets and posters for the public or practitioners.