

**Stop it now**

**Do you struggle with sexual thoughts  
or behaviour towards children?**

Help is available once you are released.  
We will listen and help you take action.

We can support you to build a safer,  
more positive future.

Anonymous helpline: 0808 1000 900  
(including live translation)

Email, chat and online help: [stopitnow.org.uk](https://stopitnow.org.uk)

